



MIDDLE SCHOOL OVERVIEW

Middle School students take three years of English, history and geography, science, math, foreign language, physical education, and the arts. Students have five academic classes and an arts and PE class every day. Sixth and seventh graders take Latin as their foreign language, while eighth graders may choose between French, Spanish, or Mandarin Chinese.

All Middle School students take a full series of arts courses, including vocal music, theater, visual arts, dance, and instrumental music. These courses run from six to twelve weeks. Students share works in progress at "end-of-tri" performances, class meetings, and other gatherings. There are several major Middle School theatre performances each year as well as a Middle School Vocal Ensemble show, a Middle School Band show, and *Dance Project* performances. These are held in the Black Box and Orvis Theatres in the Arts Center.

A full extracurricular athletics program is available to all Middle Schoolers. Soccer, cross country, and volleyball are played in the fall trimester, followed by basketball in the winter. The winter season also includes club sports, such as Squash. In the spring, students can participate in track and field, tennis, golf, lacrosse, or ultimate frisbee. Dance is also available as a year-round extra-curricular company.

The school year is divided into three 12-week trimesters. Academic courses are year-long, while Arts and PE classes rotate teachers and subjects each trimester. Single class periods are 45 minutes in length. Subjects are taught in three single periods and one double period each week.

Teachers provide course syllabi at the beginning of the term. They prepare written comments and grades-in-progress at midterm and letter grades at the end of each term. Parent/teacher conferences for Middle School students are held at midterm in the fall. Trimester grades determine grade point averages and eligibility for honor roll. One trimester of a successfully completed subject equals one credit towards Middle School graduation.

SAMPLE SCHEDULE FOR MIDDLE SCHOOL

Below is a sample schedule for 6th Grade. 7th and 8th Grade have a similar schedule but with increased arts electives. In 7th Grade, students take Latin instead of writing. In 8th Grade, students can choose between French, Mandarin Chinese, and Spanish as a foreign language.

6th Grade Weekly Sample Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A Block	English	English	English	Science	English
B Block	Science	Science			Science
Break	ADVISORY				
C Block	PE	PE	PE	Arts	PE
D Block	Arts	Arts			Arts
Break	LUNCH				
E Block	Math	Writing	History	Math	Math
F Block	History	Math	Writing	History	Writing
G Block	Writing				History

AFTER-SCHOOL STUDY HALL

An after-school study hall is available Monday through Friday from 3:15 to 5:30 PM in the Temple Building. Families can sign up by trimester but drop in students are also welcome. Sign up information is sent home at the beginning of each trimester.

EXTRA-CURRICULAR AFTER-SCHOOL ARTS

Various Middle School productions and the Middle School Vocal Ensemble meet during the school day. Each production and the Vocal Ensemble has two evening performances in the Arts Center. During the week of performances, there are after-school rehearsals in the Arts Center. Students audition for the performances during the first week of school. The classes are a trimester in length.

Dance Project, the school's dance company, holds rehearsals after after school 3 days a week. From January through April, the company may hold Saturday rehearsals. No experience is required. Rehearsals are held the first week of school. *Dance Project* meets all year long.

EXTRA CURRICULAR AFTER-SCHOOL ATHLETICS

We offer cross country, soccer, and volleyball in the fall trimester. Practices are 3-4 afternoons per week with an approximate pick up time of 5:30. Games/meets are on weekdays.

Basketball is offered in the winter trimester and practices 3-4 times per week. Pick up times vary, and games are held on weekdays. Club sports, such as Squash, are also offered one day per week during the winter trimester. Club sports may involve an additional fee for courts or equipment.

Spring trimester has several offerings including golf, lacrosse, tennis, track and field, and ultimate Frisbee. Golf, tennis, lacrosse, and ultimate Frisbee practice 2-3 times per week. Track practices 3-4 afternoons each week. Meets/matches are held during the week.

UPPER SCHOOL OVERVIEW

Seattle Academy's college preparatory curriculum requires four years of English; three years each of history, foreign language, arts, mathematics, and lab science; and a fourth year of credits chosen from several math or science electives. Two years of physical education and 160 hours of community service are also required for graduation.

Electives include advanced science and math topics; history electives in Asian Studies (including Mandarin Chinese); contemporary global issues and "systems" topics (Cultural Anthropology, Economics, etc.); speech and debate; and yearbook. There are a variety of visual and performing arts courses, with graduation requirements in all four areas of visual arts, music, theatre, and dance. Students share works in progress at "end-of-tri" performances, class meetings, and other venues throughout the year.

The school year is divided into three 12-week trimesters. Required courses are year-long. Electives may be one, two, or three trimesters. Single class periods are 45 minutes in length, and subjects are taught in three single periods and one double period each week.

Teachers provide course syllabi at the beginning of the term. They prepare "grades-in-progress" and written comments at midterm and letter grades at the end of each term. Parent-teacher conferences for 9th grade students and new students in grades 10 through 12 are held at midterm in the fall.

Trimester grades determine grade point averages and eligibility for honor roll. One trimester of a successfully-completed subject equals one credit towards graduation. Eighty credits must be earned to receive a Seattle Academy diploma.

HONORS OFFERINGS

Seattle Academy offers 11th and 12th grade students the opportunity for more challenge through honors courses in a variety of departments and honors "options." The latter involves earning honors credit in a regularly offered course by taking responsibility for a heavier workload with greater academic challenges and responsibilities.

Honors courses include Honors English 11, Honors American History, Honors English 12, Honors History 12, Calculus 1, Calculus 2, Advanced Chemistry, Physics, Biology with Honors, French 4, French 5, Spanish 4, and Spanish 5.

SAMPLE SCHEDULE FOR UPPER SCHOOL

Below is a typical 9th grade schedule. More elective offerings are available to upper classmen. Only 9th grade has a physical education requirement. For those students participating in approved extra-curricular sports that meet our P.E. requirement, study halls are available during the day.

9th Grade Weekly Sample Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A Block	Intro Lab Sci	Intro Lab Sci	Intro Lab Sci	Geometry	Intro Lab Sci
B Block	Geometry	Geometry			Geometry
Break	ADVISORY				
C Block	Foreign Language	Foreign Language	Foreign Language	PE	Foreign Language
D Block	PE	PE			PE
Break	LUNCH				
E Block	Arts	English	History	Arts	Arts
F Block	English	Arts	English	History	History
G Block	History				English

EXTRA-CURRICULAR AFTER-SCHOOL ARTS

Various Upper School productions and the vocal shows meet during the school day and have additional rehearsal schedules after school. Each production and vocal show also has evening performances in the Arts Center. Students audition at various times throughout the year.

The school's dance company holds rehearsals after school 4-5 days a week. There are multiple levels of companies. From January through April, the company may hold Saturday rehearsals. No experience is required. The company meets all year long.

EXTRA CURRICULAR AFTER-SCHOOL ATHLETICS

We offer cross country, golf (boys), soccer (girls), tennis (boys), ultimate Frisbee (boys), and volleyball (girls) in the fall trimester. Practices are 4-5 afternoons per week with an approximate pick up time of 6:00. Games/meets are on weekdays.

Basketball is offered in the winter trimester and practices 4-5 times per week. Pick up times vary, and games are held on weekdays. Club sports, such as Squash, are also offered during the winter trimester. Club sports may involve an additional fee for courts or equipment.

Spring trimester has several offerings including golf (girls), lacrosse (boys), tennis (girls), soccer (boys), track and field, and ultimate Frisbee (girls). All Upper School athletics practice 4-5 afternoons per week. Meets/matches are held during the week.